

KAY

Kansas Association for Youth



Leadership Camp

Sponsored by the Kansas State High School Activities Association

PURPOSE

The purpose of **KAY LEADERSHIP CAMP** (KLC) is to develop leadership potential, to enrich personalities, to create an awareness of citizenship responsibilities, and to develop a desire to become involved in those programs and projects which help to build a better world.

KAY LEADERSHIP CAMP has been rated by several national groups as one of the finest leadership training programs in the nation. A wide variety of activities take place during the week - Team Meetings (brainstorming skills, designing & presenting a project, serving a camp meal, etc.); Creative Period Sessions (creating/contributing to a camp activity); Leadership Labs (understanding techniques and responsibilities, sharing ideas); Laugh, Love & Lift Sessions (presentations on special interest topics); etc. In addition, each day offers several recreational activities (archery & rifle range, canoeing, crafts, dance, games, horseback riding, lawn games, swimming, sand volleyball, whiffle ball, etc.). Capable instructors are provided for all recreational activities. An optional all-camp swim is available each day as is free time.

The finale of each day is an evening program presented by dynamic speakers and participating campers. Following Wednesday evening team presentations, additional activities include a dance on the sundeck, night swim, etc. The last night of camp includes a banquet and traditional campfire.

From daily flag raising and lowering time, to table manners, staff morning reports and action packed general sessions, KLC provides campers with motivation and enthusiasm for a super fantastic year as well as friendships and memories for a lifetime.

**"This camp is so much fun.
Thanks for the memories and
great ideas."**

WHO ATTENDS CAMP

Any **KAY** member (boy or girl, grades 7-12) wishing to attend may do so with their sponsor's approval. **IT IS HIGHLY RECOMMENDED THE NEW CLUB PRESIDENT ATTEND CAMP!!** There is no limit on the number of students that can represent their club at camp, and camp delegates do not have to be an officer or board member of their club.



ALTERNATES

All clubs are to select alternate campers at the same time they select camp delegates. This will prepare you for any last minute panic in the event one of your delegates is unable to attend. If a delegate cannot attend, please give this brochure to the alternate and contact the KSHSAA at (785) 273-5329 with the name and address of the alternate. If a last-minute change is necessary, alternates may enroll upon arrival at camp and must present all cards on this brochure completed and signed. (For housing purposes, same sex alternates are helpful but not required.)

Pre-camp financial obligations prevent the refunding of camp fees; therefore, alternates are important!

CAMP SITE

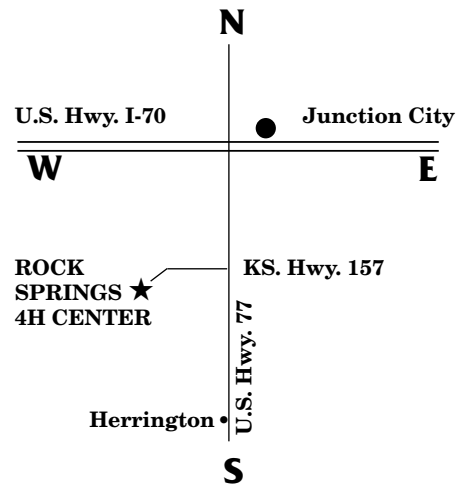
KAY Leadership Camp is held at the Rock Springs 4-H Center. Rock Springs is located eight miles south of Junction City on U.S. Highway 77 and four miles west on Kansas Highway 157.

Additional information about Rock Springs is available at:

www.rocksprings.net

Campers and staff members will observe all safety rules made by the 4-H for their state facility. This includes observing the "No Smoking," "No Drinking," and "No Drugs" regulations.

Rock Springs Staff are prepared to assist campers with safety precautions in case of severe weather.



Security is provided each evening by the Geary County Sheriff's Reserve.

DATES

Dates for **KAY** Leadership Camp are published each year in the February, March, April and May issues of the Kansas State High School *Activities Journal*. They also appear on the *KSHSAA Wall Calendar* and at www.kshsaa.org (**non-athletic/KAY**).

Each day of camp is different. Campers should plan to remain at camp for the entire session, with the exception of an emergency.

HOUSING/MEETING/DINING FACILITIES

Comfortable air-conditioned housing is provided at Rock Springs. Qualified staff are in all areas. Campers are responsible for their own bedding, pillows and towels, (see packing list).

A wide selection of air-conditioned meeting spaces are available, providing an ideal atmosphere for group gatherings and interaction. Hearty, home-cooked meals are served family style in Williams Dining Hall.

"The Morning Reports are the best!"



STAFF

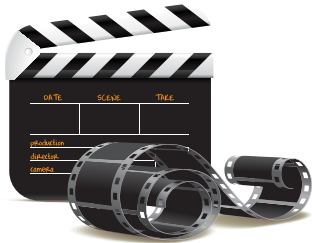
The junior and senior staff is made up of approximately 32 outstanding individuals, carefully selected on the basis of character, ability to work with people, for their commitment to reach the highest goals and ideals and for their enthusiasm, motivation and the confidence they instill in young people. They have also been former outstanding leaders in their local **KAY** organizations and communities.



"The staff is awesome. They talked to us as adults, established rules and enforced them. They made this experience so much fun!"



KANSAS ASSOCIATION FOR YOUTH KAY LEADERSHIP CAMP - 2016



Lights, Camera, Action

TO: KAY Sponsors, Camp Delegates and Parents
FROM: Cheryl Gleason, Camp Director

Please carefully read all of the information in this KAY Leadership Camp brochure. It contains important information! If you have questions, please contact your KAY Sponsor or me at the address below or at 785-273-5329; cgleason@kshsaa.org. Note: The brochure and Health/Activity Participation Form 2 are also located online at www.kshsaa.org (activities, non-athletic, KAY, leadership camp)



DATES/TIMES

Monday, July 25 - Friday, July 29
Check In - Monday, July 25, noon - 1:30 p.m.
Checkout - Friday, July 29, 11:00 a.m.
(Please observe the arrival & departure times)



FEE - \$300

Camp fees are \$300 per camper. Please make checks payable to KSHSAA



ENROLLMENT - DUE MAY 15

The following should reach the KSHSAA (address below) by **MAY 15**

- Enrollment Card 1.** (cut out from page 5)
- KSHSAA Card "KAY4 or KAY4J"** (located with school's online Entry Forms)
- Check for \$300** per camper

With many camp details to work on, it is extremely important to send in this information as soon as possible.



HEALTH/ACTIVITY PARTICIPATION FORM 2. — BRING COMPLETED FORM 2. TO CAMP (do not mail to the KSHSAA)

Delegates must present a completed health/activity participation form when they arrive at camp. Be sure to complete this form (located in this insert and also online at www.kshsaa.org/non-athletic/KAY/leadershipcamp) in its entirety. Also, note the necessity for the signature of parent or guardian and emergency contact information. **BRING FORM 2. TO CAMP!**

Sponsored by
Kansas State High School Activities Association
P.O. Box 495 • Topeka, KS 66601-0495 • 785-273-5329 • www.kshsaa.org



CELL PHONE POLICY @ KAY LEADERSHIP CAMP

The KSHSAA is pleased that you have chosen to give of your time this summer to be a part of this outstanding leadership experience. Because we want all in attendance to reap the rewards of this valuable time together, the following policy will be in-place and strictly enforced.

Regarding Campers that bring a cell phone or other form of electronic communication device, etc. - referred to below as “items” to KLC:

1. CAMPERS WILL BE RESPONSIBLE FOR THEIR PERSONAL ITEMS.

- It is suggested that campers label their item(s).
- It is suggested that campers lock their items in their luggage.
- Staff members will not assume responsibility or care for these items.
- The KSHSAA will not be responsible for lost or stolen items or chargers.
- **NOTE:** At check –in on Monday, campers may ask staff to secure these and other valuable items by placing them in a sealed envelope which they will receive back on Friday.



2. CAMPERS MAY EMAIL, TEXT &/OR MAKE CALLS DURING HOUSING FREE TIME

(6:30-7:10 AM; 4:15-5:30 PM; 8:45-10 PM daily) and **MORNING FREE TIME** (10:05-10:40 am)

- No item may be used after 10 PM or before 6:30 AM.

3. CAMPERS MAY USE THEIR PHONE DURING THE DAY TO TELL TIME OR TAKE PICTURES ONLY. THE PHONE MUST BE SET ON AIRPLANE MODE.

(See #2 for email, texting and calls).

- Campers may leave their items in their housing unit during the day.
- Housing units will be locked during the day to protect camper belongings.



Abuse of Privilege

- ▶ Cell Phones that ring and that are used during the day for texting, emails and making calls (other than during defined free time) will be secured by staff and returned to the camper on Friday at check-out.
- ▶ Items that are used after 10PM and/or before 6:30 AM (which includes texting, emails or calls) will be secured by staff and returned to the camper on Friday at check-out.
- ▶ Campers who have their cell phone secured by staff will be given the opportunity to make one phone call home each evening during housing free time.

Emergency Phone Calls

▶ Emergency phone calls to Rock Springs should be directed to: **785/257-3221 (Johnson Adm.)**. Campers will be called out of meetings in the case of an emergency & always accompanied by a staff member. Otherwise, a number will be taken and a message delivered. **The cell phone for Cheryl Gleason, Camp Director, is: 785/231-8895.** Please note that cell phone reception @ Rock Springs can be a bit challenging.

**OTHER THAN TAKING PICTURES & TELLING TIME,
THE USE OF THESE ITEMS AT KLC IS STRONGLY DISCOURAGED!**

Campers have a tremendous opportunity at KLC to make friends with student leaders from across Kansas. They are encouraged to take advantage of the time they have together.

"KAY Leadership Camp' is the best camp I have ever been to. Definitely a 'SUPERFANTASTIC' experience!" (camper)

KAY IS SUPERFANTASTIC! WE "GET TO" GO TO CAMP!

WHY KAY CAMP?

- To enjoy fun and laughter and make new friends from all over the state!
- To strengthen teamwork and leadership skills, discover hidden talents and learn to assume responsibility.
- To develop a "YES I CAN" attitude of leadership and service for my lifetime
 - To gain self-confidence and learn from the staff members and other campers.
 - To enjoy and appreciate the beauty of nature (Rock Springs 4-H Center)
 - To survive and grow without DVD's, CD's, computers, TV, etc.
- To have a SUPERFANTASTIC time

✓ **COME BACK NEXT YEAR AND BRING YOUR FRIENDS!**



KAY LEADERSHIP CAMP EARLY DEPARTURE CARD
(Please print (ink) or type)

3.

NAME _____ SCHOOL _____

If you are planning an early departure you must provide the following signatures and information:

PARENT/GUARDIAN _____ DATE _____

PRINCIPAL OR SPONSOR _____ DATE _____

DATE OF DEPARTURE _____ TIME _____

A WRITTEN NOTE OF PERMISSION IS REQUIRED OF PARENTS OR GUARDIANS AND MUST BE PRESENTED WITH THIS COMPLETED CARD AT THE TIME OF REGISTRATION CHECK-IN.

NOTE: Early departure may not occur prior to 7:30 a.m. or after 10 p.m.

IF NEEDED, PLEASE BRING THIS CARD TO CAMP

KAY LEADERSHIP CAMP ENROLLMENT CARD
(Please print (ink) or type)

1.

NAME _____ SCHOOL _____

MALE FEMALE AGE _____ I WILL BE IN GRADE 7 8 9 10 11 12

KAY OFFICE _____ ADULT T-SHIRT SIZE S M L XL

CAMPER E-MAIL (print clearly) _____

SPONSOR _____ SPONSOR CELL # (_____)

CAMPER PARENT/GUARDIAN _____

ADDRESS _____

Street _____ Town _____ Zip _____

PARENT HOME # (_____) PARENT CELL # (_____)

We have read the contents of the KAY Camp Brochure and understand the importance for campers to remain at camp the entire session. We have also read the Camp Cell Phone Policy and understand opportunities for campers to use their cell phone.

CAMPER _____ DATE _____
Signature _____

PARENT/GUARDIAN _____ DATE _____
Signature _____

**If needed
BRING THIS CARD TO CAMP**

**Return to:
KSHSAA
PO Box 495
Topeka, KS 66601-0495
by May 15, accompanied by fees**

WELCOME TO KAY LEADERSHIP CAMP!

We are pleased you are choosing to attend this exciting KAY activity! Our goal at KLC is to help you better understand the KAY Program, sharpen your leadership skills and provide you with the confidence, motivation, enthusiasm and desire to return to your KAY club and make a difference. We hope this experience is enjoyable and memorable and that you have a SUPERFANTASTIC WEEK!

FEES AND ENROLLMENT

An Entry Card (KAY-4) is located with the school's online *Forms*. Please ask your principal to complete the card and send it, along with one registration card per camper (located in this brochure) and a check for the total amount, DUE to the KSHSAA, PO Box 495, Topeka, KS 66601-0495, **NOT LATER THAN MAY 15**.

Please carefully fill out all cards located in this brochure. The Enrollment Card is **due May 15**. **The Health/Activity Participation Card is due upon registration at Rock Springs**. The Early Departure Card (if needed) is also due upon arrival at Rock Springs.

Each camper should have a camp brochure. If your club needs additional copies, please notify the KSHSAA at once.

CHECK IN/CHECKOUT

Camp check in is held Monday, from 12 to 1:30 p.m. in the Johnson Administration Building located inside the Rock Springs 4-H Center gate. The first meal is served at 5:30 p.m. Campers will check out on Friday morning at 11 a.m. in front of Williams Dining Hall (see map @ www.rocksprings.net).

TRANSPORTATION

Campers are responsible for their transportation to and from Rock Springs. Many clubs across the state car-pool/bus pool to camp, picking up and returning campers along the way. **NOTE:** *Campers who drive their own car will be required to turn in their keys upon arrival.*

EARLY DEPARTURE

Each day of KLC is important and different, therefore, it is very important for campers to remain for the entire session. If a camper finds it necessary to leave early, they must complete the **Early Departure Card**, signed by the parent or guardian **and** sponsor or principal and present it at the time of registration along with **a written note of permission (required) by the parents or guardians**. **Early departure may not occur before 7:30 a.m. or after 10 a.m.**



Everything we do at camp
we do for a reason!

PERSONAL VISITS

Campers are asked to not have personal visitors while at KAY Leadership Camp. No visitors will be allowed without approval from the Camp Director in advance.

HEALTH/ACTIVITY PARTICIPATION CARD

Each camper must present a completed (and signed) Health/Activity Participation Card when checking in at Rock Springs. Although this card does not require a physical signed by a physician, it is important that the card is completed and signed by the campers parent(s) or guardian. This assures consent for medical treatment in case of an emergency and acknowledges the campers physical ability to participate in camp activities. Staff members and registered nurses are available if a camper becomes ill or injured. Parents are urged to check closely on the health of their child before sending them to camp.

INSURANCE

Insurance, which is included in the camp fee, covers delegates from the time they leave for camp until they arrive home, provided, they travel straight to camp and return directly home. Health and accident insurance is included in this policy.

TELEPHONE CALLS

Campers will have access to their phones during afternoon and evening free-time. Phones may not be used after 10:00 p.m. or before 6:30 a.m. If parents feel it is necessary to call their child during the week of camp, they may call (785) 257-3221. Campers will be called from a meeting in case of an emergency; otherwise, a number will be taken and the message delivered. Please see cell phone policy located in camp brochure.

EMERGENCY

Cheryl Gleason, Camp Director, may be reached at the KSHSAA Office (785) 273-5329 or during camp at **(785) 257-3221**. Calls should be directed to Cheryl Gleason. Only **emergency calls may be made or received after 10:30 p.m.**



"THE FOOD AND MANNERS ROCK!"

PACKING SUGGESTIONS

As you prepare for camp, we would like to make the following suggestions to make your experience more enjoyable.

Luggage

- Tag all pieces of luggage, sleeping bag, pillow, etc. with name, street address and city.

Packing List

- Bedding (blankets & sheets, sleeping bag)
- Pillow
- Towels, washcloth, soap
- Personal health supplies (shampoo, deodorant, toothpaste, feminine protection, etc.)
- Prescription medicine (if prescribed) must be labeled
- Swimsuit, cover up and an extra towel
- Durable shoes - campers are asked to always wear shoes outside to protect feet from cuts and bruises.
- Closed-toe shoes (if horseback riding)
- Casual wear (appropriate shirts – T-Shirts are best, shorts, jeans). Most camp sessions will be held in air-conditioned buildings.
- Sweater, sweatshirt, or jacket and raincoat
- One dressy outfit for the banquet (dress, skirt, nice slacks).
- Flashlight
- Insect repellent
- Wrist watch

Items to consider

- Pens, pencils, notebook paper, highlighter
- Book-bag (for camp folder, handouts, etc.)
- Shoes for the shower
- Plastic sack (for dirty/wet clothes)
- Umbrella
- Water Bottle, container

What Not To Bring

- ⊘ Valuable items - music players, computers, jewelry, etc.
- ⊘ Clothing with inappropriate designs or verbage. Appropriate attire expected.
- ⊘ A large amount of money.
- ☑ Campers will have the opportunity to donate to the Vinson Scholarship Fund.
- ☑ The following is available for purchase:
 - KAY Supplies (*T-Shirts, Folders, Pins, Book Bags, etc.*)
 - RS Concession Stand (*soft drinks, snacks, ice cream, candy, etc.*)



"I love my team and making new friends."



Cheryl Gleason, Camp Director
cgleason@kshsaa.org

For additional information go to: www.kshsaa.org>Non-Athletic>KAY>Leadership Camp



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601 SW Commerce Place, Topeka, KS 66615 785-273-5329